



Date: Saturday August 8, 2009
Starting time: 7:00 A.M. - 1 Mile Fun Run & 7:30 A.M.-5-K Run
Registration fee: \$15.00 Each Race OR \$20.00 Both Races
Registration: Friday August 7, 2009 - 2:00 to 5:00 P.M.
 Senior Citizens Center, 610 Denrock Ave.
Late Registration: Saturday August 8, 2009 - 6:00-6:45 A.M.
 Junior High Gym, 9th and Elm
Late Registration fee: \$17.00 Each Race OR \$22.00 Both Races

Showers will be available at the Gym. Bring your own towels.

Divisions:

Men-14 & under
 15-19
 20-29
 30-39
 40-49
 50-59
 60 & over

Women- 14 & under
 15-19
 20-29
 30-39
 40-49
 50 & 59
 60 & over

AWARDS

Overall men and women
 Top 3 in each age group
 Drawing For Door Prizes
 Free T-Shirt To 1st 100 Entries!

PLEASE PRINT

NAME _____ AGE AS OF 8/8/09 _____

ADDRESS _____
 STREET CITY STATE ZIP

SEX MALE _____ FEMALE _____ T-SHIRT SIZE M L XL

EVENT 1 MILE FUN RUN _____ 5-K _____ BOTH _____

I realize there are risks associated with competing in this event, and I accept full responsibility for any injury or accident to myself. I also waive any and all claims for myself against all persons or organizations connected with the XIT 5-K RUN.

SIGNATURE (Parent / guardian if under 18)

Send Registration & fees to:
 Dalhart Senior Citizen's Center
 Valorie Watts, Director
 610 Denrock Avenue
 Dalhart, TX 79022

Phone number: 1(806)244-8521